

Pre-Survey for Animal Advocates Support Group

Name: _____

Date: _____

1. What area of animal work do you participate in? For example, veterinary care, rescue, shelter or sanctuary.
2. What is your current understanding of compassion fatigue?
3. Rate your confidence in managing stress and burn out (1-5 scale). Circle one number.
1: Not Confident, 2: Somewhat Confident, 3: Neutral, 4: Confident, 5: Extremely Confident
4. What is your primary goal for attending this group?
5. What specific challenges are you facing right now?
6. How supported do you feel in your community?